ABSTRACT OF THE DISCLOSURE

The present invention involves a compound bow sound dampening, stabilization and rest device which mounts to the front of a compound bow through the standard stabilizer bar connector (5/16-inch by #24 threaded bolt receiver). The bow stabilization device then connects to virtually all camera monopods, bipods and tripods using the camera mounting foot, which is attached through the standard camera connector (1/4-inch by #20 threaded bolt). The mounting of the compound bow to the stabilization device through the camera monopod, bipod, or tripod enables freedom of movement and rotation on a variety of axes, while giving the archer the stability and support to make continued accurate placement of an arrow into a target.